

# **Volunteer/Member Role Description**

# Role: Meals on Wheels Driver, Newbridge Day Care Centre

### **Our Day Care Services**

SVP runs a number of services that focus on the personal, educational, physical and social development of the individual. We operate Day Care Centres for the elderly where we offer a variety of support services to older patrons of our community.

Newbridge Day Care Centre offers a wide range of services for adults and older persons in the Newbridge and wider community area. This includes a meals on wheels service, in house meals, transport service and day activity services that take place in the centre. The centre is open Monday to Friday and can cater for up to a capacity of 50 day care clients per day. The centre is overseen by an SVP Conference Management Committee.

Our aim is to provide patrons with a healthy, nutritious and tasty meal each day that caters for their physical health and wellbeing.

#### **Overview of the Volunteer Role**

Volunteers help to deliver Meals to members of the immediate community and others living in rural and isolated areas. We always bring a nutritious tow course meal directly to the door of an elderly, vulnerable or isolated individual in need, helping to maintain a healthy diet for them in the later years of their lives.

## **Key Tasks & Responsibilities**

1. To deliver pre-cooked meals to patrons in a timely manner

# **Key Skills, Experience & Qualities**

- 1. Access to your own car
- 2. A Full and clean driving licence with a willingness to extend insurance cover to accommodate this work. In most cases this is now provided free of charge by your insurance company.
- 3. A strong commitment and enthusiasm for supporting older adults.
- 4. An ability to express empathy and treat people with respect and sensitivity
- 5. A commitment to upholding SVP's Safeguarding policies and procedures at all times
- 6. And understanding of the important of discretion and confidentiality
- 7. An empathy towards the personal, social and/or physical development of the individual

### **Time Commitment**

To be confirmed with the service.

### **Induction & Training & Support**

Volunteers will complete a comprehensive induction with a designated member of the service that will include reviewing the role description, volunteer agreement, the code of conduct, general operations of the service, health and safety information, and safeguarding procedures.

Volunteers will also receive a Volunteer Handbook detailing the policies and procedures of our Service that they should familiarise themselves with.



# **Volunteer/Member Role Description**

Volunteers will also complete safeguarding vulnerable adult training.

Our Service Coordinator will provide direct support to you in your new role. There will be opportunities to debrief where you can discuss any issues that arose during the day. Other members of the team will also provide support on an ongoing basis.

# **Key Requirements**

- 1. Complete the SVP recruitment process which includes the application form, informal one to one meeting, reference checks and Garda Vetting.
- 2. Complete the full mandatory induction training (max 2 hours) and undertake any additional training provided by the Society from time to time, only where applicable and if necessary.
- 3. Complete Safeguarding Training as requested.
- 4. Adhere to the Society's ethos, mission statement, and policies and procedures.
- 5. Reliable and trustworthy with a commitment to the role
- 6. Belief that the best interests of those availing of our services are paramount.

#### **Benefits**

- 1. The opportunity to contribute positively in the lives of older members of our community to improve their overall well being
- 2. Personal and professional development in terms of confidence, patience, adaptability, leadership, communication, decision-making etc.
- 3. General happiness and satisfaction.
- 4. To make a difference in the lives of others
- 5. An opportunity to develop friendships and meaningful relationships with like-minded peers

You Can Contact The National Children and Family Services Support Coordinator

Nino at 085 855 6334