



Volunteer/Member Role Description

Role: Lough Meals on Wheels Driver

Our Lough Meals on Wheels operates from 11.30am to 1.30pm three days a week where we deliver up to 70 meals per day in catchment area between the Western Road, Douglas Road, Greenmount, Ballyphehane, Turner's Cross and Capwell.

Our aim is to provide patrons with a healthy, nutritious and tasty meal each day that caters for their physical health and wellbeing. Meals on Wheels provide vital service to older people who have limited means to prepare food for themselves. The service not only provides them with nutritious food but also with important social contact with the volunteers delivering food.

Overview of the Volunteer Role

Volunteers help to deliver Meals to members of the immediate community and others living in rural and isolated areas. We can deliver up to 60 meals a day, and always bring a nutritious two course meal directly to the door of an elderly, vulnerable or isolated individual in need, helping to maintain a healthy diet for them in the later years of their lives.

Key Tasks & Responsibilities

1. To deliver pre-cooked meals to patrons in a timely manner

Key Skills, Experience & Qualities

1. Access to your own car
2. A Full and clean driving licence with a willingness to extend insurance cover to accommodate this work. In most cases this is now provided free of charge by your insurance company.
3. A strong commitment and enthusiasm for supporting older adults.
4. An ability to express empathy and treat people with respect and sensitivity
5. A commitment to upholding SVP's Safeguarding policies and procedures at all times
6. And understanding of the important of discretion and confidentiality
7. An empathy towards the personal, social and/or physical development of the individual

Time Commitment

Meals are delivered three days a week between the hours of 11.30am and 1.30pm
Volunteers are asked to commit to at least 1 days per week in this work

Induction & Training & Support

Volunteers will complete a comprehensive induction with a designated member of the service that will include reviewing the role description, volunteer agreement, the code of conduct, general operations of the service, health and safety information, and safeguarding procedures.

Volunteers will also receive a Volunteer Handbook detailing the policies and procedures of our Service that they should familiarise themselves with.

Volunteers will also complete safeguarding vulnerable adult training.



Volunteer/Member Role Description

Our Service Coordinator will provide direct support to you in your new role. There will be opportunities to debrief where you can discuss any issues that arose during the day. Other members of the team will also provide support on an ongoing basis.

Key Requirements

1. Complete the SVP recruitment process which includes the application form, informal one to one meeting, reference checks and Garda Vetting.
2. Complete the full mandatory induction training (max 2 hours) and undertake any additional training provided by the Society from time to time, only where applicable and if necessary.
3. Complete Safeguarding Training as requested.
4. Adhere to the Society's ethos, mission statement, and policies and procedures.
5. Reliable and trustworthy with a commitment to the role
6. Belief that the best interests of those availing of our services are paramount.

Benefits

1. The opportunity to contribute positively in the lives of older members of our community to improve their overall well being
2. Personal and professional development in terms of confidence, patience, adaptability, leadership, communication, decision-making etc.
3. General happiness and satisfaction.
4. To make a difference in the lives of others
5. An opportunity to develop friendships and meaningful relationships with like-minded peers

National Children and Family Services Support Coordinator can be contacted at 085 855 6334